

Recipe

County information



| | |
|---------------|--|
| Prep Time: | |
| Cook Time: | |
| Serving Size: | |

| | | |
|--|-----------|------------------------|
| Nutrients Per Serving: Calories | | |
| Protein | g, | Carbohydrate g, |
| Dietary Fiber | g, | Total Fat g, |
| Saturated Fat | g, | Sodium mg |

This recipe provided by the Ohio SNAP-Ed Nutrition Education Program



INGREDIENTS

DIRECTIONS

Source:

For other healthy, low-cost recipes, visit
www.whatscooking.fns.usda.gov



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