#461 Let’s Bake Quick Breads

## Project Checklist
- Read and follow all rules pertaining to your project in this document and the Jr Fair book
- Enroll in 4-H by 4/1/2021 Enrollment should be made on oh.4honline.com
- Attend Project Judging July 8
- Make a Jr Fair Entry for your project by 8/1/2021 if you wish to exhibit at the fair
  Entries for the fair must be made by class number, not project number. Refer to Jr. Fair Handbook for class entry listings and numbers. Entry should be made on Fairentry.com before August 1.

## PROJECT

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<tr>
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<th>FAIR EXHIBIT</th>
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<tr>
<td>#461 Let’s Bake Quick Breads Intermediate</td>
<td>Complete requirements on page 4 of project book. Understand the nutritive value of breads. Make muffins, biscuits and specialty breads.</td>
<td>Bring a 22x28” poster or e-poster, project book, one prepared dish, menu plan for 1 day which includes prepared dish, table setting for meal at which dish is served. Bring recipe.*</td>
<td>Poster or club exhibit.</td>
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## IMPORTANT DATES

Ask your project or organizational advisor or call the Extension office (330-264-8722) for more information about the following events.

7/8/2021 Project Judging - 5 - 9 p.m. at the Wayne County Fair Event Center. To be eligible for State Fair selection, members must participate in this event.

7/13/2021 Style Revue & State Fair Awards Program - 7:00 p.m. at Church of the Saviour, Wooster. Family & friends are invited to see 4-H members model their clothing projects. Outstanding Exhibitor Award winners and State Fair representatives in all State Fair eligible FCS & Still project areas will be announced at this event.

8/10/21 “Last Chance” Project Judging - 6:00 - 9:00 p.m. at Wayne County Fairgrounds. For members not interested in or unable to participate in the “Early Bird” judging event.

*Members are encouraged to try all recipes in the project book at least once. After trying all the recipes in the project book, members are encouraged to try variations, even be creative and develop their own variations of recipes in the book. For judging purposes, members may use recipes not printed in the project book. However, to ensure that similar ingredients and preparation techniques are being evaluated, a recipe used as a substitution MUST be very similar to a recipe in the project book. For example, in the Star Spangled Foods project, a member may substitute another Snicker doodle recipe for the one in the book, but may not substitute Chocolate Chip or Peanut Butter cookies for the Snicker doodles. Remember, the quality of the food only counts for 10% of the overall evaluation rating. The member’s knowledge of basic nutrition and the information in the project book counts for 75% of the rating. If the recipe used for judging is not printed in the member's project book, it should be written on a recipe card.

Members complete a poster or e-poster for project for county judging. If a member receives the opportunity to compete at the State Fair, they must prepare a Presentation Folder to compete.

Presentation Folder – prepare a 3-pronged folder that includes one 8½” x 11” page (one-sided only). These pages could be in collage, journaling, timeline, photo, or any other format that would illustrate your work and knowledge of your project. There will be no points for scrapbooking style.

Updated January 2021
#462 Yeast Breads On the Rise

Project Checklist

☐ Read and follow all rules pertaining to your project in this document and the Jr Fair book
☐ Enroll in 4-H by 4/1/2021 Enrollment should be made on oh.4honline.com
☐ Attend Project Judging July 8
☐ Make a Jr Fair Entry for your project by 8/1/2021 if you wish to exhibit at the fair

Entries for the fair must be made by class number, not project number. Refer to Jr. Fair Handbook for class entry listings and numbers. Entry should be made on Fairentry.com before August 1.

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<tr>
<td>#462 Yeast Breads on the Rise Advanced</td>
<td>Complete requirements on page 5 of project book. Understand the nutritive value of bread products. Recognize characteristics of quality yeast products.</td>
<td>Bring a 22x28” Poster or e-poster, project book, one prepared dish, menu plan for 1 day which includes prepared dish, table setting for meal at which dish is served. Bring recipe.*</td>
<td>Poster or club exhibit.</td>
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IMPORTANT DATES

Ask your project or organizational advisor or call the Extension office (330-264-8722) for more information about the following events.

7/8/2021  Project Judging - 5 - 9 p.m. at the Wayne County Fair Event Center. To be eligible for State Fair selection, members must participate in this event.

7/13/2021  Style Revue & State Fair Awards Program - 7:00 p.m. at Church of the Saviour, Wooster. Family & friends are invited to see 4-H members model their clothing projects. Outstanding Exhibitor Award winners and State Fair representatives in all State Fair eligible FCS & Still project areas will be announced at this event.

8/10/21  “Last Chance” FCS Project Judging - 6:00 - 9:00 p.m. at Wayne County Fairgrounds. For members not interested in or unable to participate in the “Early Bird” judging event.

*Members are encouraged to try all recipes in the project book at least once. After trying all the recipes in the project book, members are encouraged to try variations, even be creative and develop their own variations of recipes in the book. For judging purposes, members may use recipes not printed in the project book. However, to ensure that similar ingredients and preparation techniques are being evaluated, a recipe used as a substitution MUST be very similar to a recipe in the project book. For example, in the Star Spangled Foods project, a member may substitute another Snicker doodle recipe for the one in the book, but may not substitute Chocolate Chip or Peanut Butter cookies for the Snicker doodles. Remember, the quality of the food only counts for 10% of the overall evaluation rating. The member’s knowledge of basic nutrition and the information in the project book counts for 75% of the rating. If the recipe used for judging is not printed in the member’s project book, it should be written on a recipe card.

Members complete a poster or e-poster for project for county judging. If a member receives the opportunity to compete at the State Fair, they must prepare a Presentation Folder to compete.

Presentation Folder – prepare a 3-pronged folder that includes one 8½” x 11” page (one-sided only). These pages could be in collage, journaling, timeline, photo, or any other format that would illustrate your work and knowledge of your project. There will be no points for scrapbooking style.

Updated January 2021

#463 Sports Nutrition 2: Ready, Set, Go
Project Checklist

☐ Read and follow all rules pertaining to your project in this document and the Jr Fair book
☐ Enroll in 4-H by 4/1/2021 Enrollment should be made on oh.4honline.com
☐ Attend Project Judging July 8
☐ Make a Jr Fair Entry for your project by 8/1/2021 if you wish to exhibit at the fair

Entries for the fair must be made by class number, not project number. Refer to Jr. Fair Handbook for class entry listings and numbers. Entry should be made on Fairentry.com before August 1.

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<td>#463 Intermediate</td>
<td>Complete requirements on pgs. 4-7 of project book.</td>
<td>Bring a 22x28” poster or e-poster, project book, one prepared dish, menu plan for 1 day which includes prepared dish, table setting for meal at which dish is served. Bring recipe.*</td>
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IMPORTANT DATES

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8/10/21 “Last Chance” FCS Project Judging - 6:00 - 9:00 p.m. at Wayne County Fairgrounds. For members not interested in or unable to participate in the “Early Bird” judging event.

*Members are encouraged to try all recipes in the project book at least once. After trying all the recipes in the project book, members are encouraged to try variations, even be creative and develop their own variations of recipes in the book. For judging purposes, members may use recipes not printed in the project book. However, to ensure that similar ingredients and preparation techniques are being evaluated, a recipe used as a substitution MUST be very similar to a recipe in the project book. For example, in the Star Spangled Foods project, a member may substitute another Snicker doodle recipe for the one in the book, but may not substitute Chocolate Chip or Peanut Butter cookies for the Snicker doodles. Remember, the quality of the food only counts for 10% of the overall evaluation rating. The member’s knowledge of basic nutrition and the information in the project book counts for 75% of the rating. If the recipe used for judging is not printed in the member’s project book, it should be written on a recipe card.

Members complete a poster or e-poster for project for county judging. If a member receives the opportunity to compete at the State Fair, they must prepare a Presentation Folder to compete.

Presentation Folder – prepare a 3-pronged folder that includes one 8½” x 11” page (one-sided only). These pages could be in collage, journaling, timeline, photo, or any other format that would illustrate your work and knowledge of your project. There will be no points for scrapbooking style

Updated January 2021

#467 You’re the Chef

☐ Read and follow all rules pertaining to your project in this document and the Jr Fair book
☐ Enroll in 4-H by 4/1/2021 Enrollment should be made on oh.4honline.com
☐ Attend Project Judging July 8
☐ Make a Jr Fair Entry for your project by 8/1/2021 if you wish to exhibit at the fair
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<td>#467 You’re the Chef Advanced</td>
<td>Complete requirements on page 3 of project book. Learn to prepare 7 different types of meals.</td>
<td>Bring a 22x28” poster or e-poster, project book, one prepared dish, menu plan for 1 day which includes prepared dish, table setting for meal at which dish is served. Bring recipe.*</td>
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**IMPORTANT DATES**

Ask your project or organizational advisor or call the Extension office (330-264-8722) for more information about the following events.

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- **8/10/21** “Last Chance” FCS Project Judging - 6:00 - 9:00 p.m. at Wayne County Fairgrounds. For members not interested in or unable to participate in the “Early Bird” judging event.

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Presentation Folder – prepare a 3-pronged folder that includes one 8½” x 11” page (one-sided only). These pages could be in collage, journaling, timeline, photo, or any other format that would illustrate your work and knowledge of your project. There will be no points for scrapbooking style.

Updated January 2021

**#469 Global Gourmet**

**Project Checklist**

- Read and follow all rules pertaining to your project in this document and the Jr Fair book
- Enroll in 4-H by 4/1/2021 Enrollment should be made on oh.4honline.com
- Attend Project Judging July 8
- Make a Jr Fair Entry for your project by 8/1/2021 if you wish to exhibit at the fair Entries for the fair must be made by class number, not project number. Refer to Jr. Fair Handbook for class entry listings and numbers. Entry should be made on Fairentry.com before
### PROJECT REQUIREMENTS

**#469 The Global Gourmet Advanced**  
Complete requirements on page 2 of project book. Learn about and prepare foods from other countries.

**#472 Grill Master**  
**#474 Beyond the Grill**

### JUDGING REQUIREMENTS

Bring a 22x28” poster or e-poster, project book, one prepared dish, menu plan for 1 day which includes prepared dish, table setting for meal at which dish is served. Bring recipe.*

### FAIR EXHIBIT

Poster or club exhibit.

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**IMPORTANT DATES**

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*Members are encouraged to try all recipes in the project book at least once. After trying all the recipes in the project book, members are encouraged to try variations, even be creative and develop their own variations of recipes in the book. For judging purposes, members may use recipes not printed in the project book. However, to ensure that similar ingredients and preparation techniques are being evaluated, a recipe used as a substitution **MUST** be very similar to a recipe in the project book. For example, in the Star Spangled Foods project, a member may substitute another Snicker doodle recipe for the one in the book, but may not substitute Chocolate Chip or Peanut Butter cookies for the Snicker doodles. Remember, the quality of the food only counts for 10% of the overall evaluation rating. The member’s knowledge of basic nutrition and the information in the project book counts for 75% of the rating. If the recipe used for judging is not printed in the member’s project book, it should be written on a recipe card.

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Presentation Folder – prepare a 3-pronged folder that includes one 8½” x 11” page (one-sided only). These pages could be in collage, journaling, timeline, photo, or any other format that would illustrate your work and knowledge of your project. There will be no points for scrapbooking style.

Updated January 2021

### Project Checklist

- ☐ **Read and follow all rules** pertaining to your project in this document and the Jr Fair book
- ☐ **Enroll in 4-H by 4/1/2021** Enrollment should be made on oh.4honline.com
- ☐ **Attend Project Judging** July 8
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| #472 Grill Master Intermediate
#474 Beyond the Grill Advanced | Complete requirements on page 4 in project book. | Bring a 22x28” poster or e-poster, project book, one prepared dish, menu plan for 1 day which includes prepared dish, table setting for meal at which dish is served. Bring recipe.* May be evaluated as a group. | Poster or club exhibit. |

**IMPORTANT DATES**

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**7/8/2021**  
Project Judging - 5 - 9 p.m. at the Wayne County Fair Event Center. To be eligible for State Fair selection, members must participate in this event.

**7/13/2021**  
Style Revue & State Fair Awards Program - 7:00 p.m. at Church of the Saviour, Wooster. Family & friends are invited to see 4-H members model their clothing projects. Outstanding Exhibitor Award winners and State Fair representatives in all State Fair eligible FCS & Still project areas will be announced at this event.

**8/10/21**  
“Last Chance” FCS Project Judging - 6:00 - 9:00 p.m. at Wayne County Fairgrounds. For members not interested in or unable to participate in the “Early Bird” judging event.

*Members are encouraged to try all recipes in the project book at least once. After trying all the recipes in the project book, members are encouraged to try variations, even be creative and develop their own variations of recipes in the book. For judging purposes, members may use recipes not printed in the project book. However, to ensure that similar ingredients and preparation techniques are being evaluated, a recipe used as a substitution MUST be very similar to a recipe in the project book. For example, in the Star Spangled Foods project, a member may substitute another Snicker doodle recipe for the one in the book, but may not substitute Chocolate Chip or Peanut Butter cookies for the Snicker doodles. Remember, the quality of the food only counts for 10% of the overall evaluation rating. The member's knowledge of basic nutrition and the information in the project book counts for 75% of the rating. If the recipe used for judging is not printed in the member's project book, it should be written on a recipe card.

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Presentation Folder – prepare a 3-pronged folder that includes one 8½” x 11” page (one-sided only). These pages could be in collage, journaling, timeline, photo, or any other format that would illustrate your work and knowledge of your project. There will be no points for scrapbooking style.

Updated January 2021

**#475 Star Spangled Foods**

**Project Checklist**

- Read and follow all rules pertaining to your project in this document and the Jr Fair book
- Enroll in 4-H by 4/1/2021 Enrollment should be made on oh.4honline.com
- Attend Project Judging July 8
- Make a Jr Fair Entry for your project by 8/1/2021 if you wish to exhibit at the fair

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<tbody>
<tr>
<td>#475 Star Spangled Foods Intermediate</td>
<td>Complete requirements on page 2 of project book. Prepare all recipes in book.</td>
<td>Bring a 22x28” poster or e-poster, project book, one prepared dish, menu plan for 1 day which includes prepared dish, table setting for meal at which dish is served. Bring recipe.*</td>
<td>Poster or club exhibit.</td>
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<td>7/13/2021</td>
<td><strong>Style Revue &amp; State Fair Awards Program</strong> - 7:00 p.m. at Church of the Saviour, Wooster. Family &amp; friends are invited to see 4-H members model their clothing projects. Outstanding Exhibitor Award winners and State Fair representatives in all State Fair eligible FCS &amp; Still project areas will be announced at this event.</td>
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<td><strong>“Last Chance” FCS Project Judging</strong> - 6:00 - 9:00 p.m. at Wayne County Fairgrounds. For members not interested in or unable to participate in the “Early Bird” judging event.</td>
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*Members are encouraged to try all recipes in the project book at least once. After trying all the recipes in the project book, members are encouraged to try variations, even be creative and develop their own variations of recipes in the book. For judging purposes, members may use recipes not printed in the project book. However, to ensure that similar ingredients and preparation techniques are being evaluated, a recipe used as a substitution MUST be very similar to a recipe in the project book. For example, in the Star Spangled Foods project, a member may substitute another Snicker doodle recipe for the one in the book, but may not substitute Chocolate Chip or Peanut Butter cookies for the Snicker doodles. Remember, the quality of the food only counts for 10% of the overall evaluation rating. The member’s knowledge of basic nutrition and the information in the project book counts for 75% of the rating. If the recipe used for judging is not printed in the member’s project book, it should be written on a recipe card. |

Members complete a poster or e-poster for project for county judging. If a member receives the opportunity to compete at the State Fair, they must prepare a Presentation Folder to compete. Presentation Folder – prepare a 3-pronged folder that includes one 8½” x 11” page (one-sided only). These pages could be in collage, journaling, timeline, photo, or any other format that would illustrate your work and knowledge of your project. There will be no points for scrapbooking style.

Updated January 2021

**#476 Pathways to Culinary Success**

**Project Checklist**

- **Read and follow all rules** pertaining to your project in this document and the Jr Fair book
- **Enroll in 4-H by 4/1/2021** Enrollment should be made on oh.4honline.com
- **Attend Project Judging** July 8 or August 10
- **Make a Jr Fair Entry** for your project by 8/1/2021 if you wish to exhibit at the fair. Entries for the fair must be made by class number, not project number. Refer to Jr. Fair Handbook for class entry listings and numbers. Entry should be made on Fairentry.com before August 1.
PROJECT REQUIREMENTS | JUDGING REQUIREMENTS | FAIR EXHIBIT
--- | --- | ---
*#476 Pathways to Culinary Success* Advanced | Complete requirements on page 1 of project book. Collect additional recipes and keep a journal of your experiences. Bring a 22x28” *postor or e-poster*, project book, one prepared dish, menu plan for 1 day which includes prepared dish, table setting for meal at which dish is served. Bring recipe.* | Poster or club exhibit. [Eligible Project](#)

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Presentation Folder – prepare a 3-pronged folder that includes one 8½” x 11” page (one-sided only). These pages could be in collage, journaling, timeline, photo, or any other format that would illustrate your work and knowledge of your project. There will be no points for scrapbooking style.

Updated January 2021

**#477 Party Planner: A 4-H Guide to Quantity Cooking**

**Project Checklist**

- **Read and follow all rules** pertaining to your project in this document and the Jr Fair book
- **Enroll in 4-H by 4/1/2021** Enrollment should be made on oh.4honline.com
- **Attend Project Judging** July 8
- **Make a Jr Fair Entry** for your project by 8/1/2021 if you wish to exhibit at the fair
  Entries for the fair must be made by class number, not project number. Refer to Jr. Fair Handbook for class entry listings and numbers. Entry should be made on Fairentry.com before August 1.
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<tr>
<th>#477</th>
<th>Party Planner</th>
<th>Complete requirements on pages 3-7 of project book.</th>
<th>Bring a 22x28” poster or e-poster, project book, one prepared dish, menu plan for 1 day which includes prepared dish, table setting for meal at which dish is served. Bring recipe.*</th>
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*Members are encouraged to try all recipes in the project book at least once. After trying all the recipes in the project book, members are encouraged to try variations, even be creative and develop their own variations of recipes in the book. For judging purposes, members may use recipes not printed in the project book. However, to ensure that similar ingredients and preparation techniques are being evaluated, a recipe used as a substitution MUST be very similar to a recipe in the project book. For example, in the Star Spangled Foods project, a member may substitute another Snicker doodle recipe for the one in the book, but may not substitute Chocolate Chip or Peanut Butter cookies for the Snicker doodles. Remember, the quality of the food only counts for 10% of the overall evaluation rating. The member’s knowledge of basic nutrition and the information in the project book counts for 75% of the rating. If the recipe used for judging is not printed in the member's project book, it should be written on a recipe card.

Members complete a poster or e-poster for project for county judging. If a member receives the opportunity to compete at the State Fair, they must prepare a Presentation Folder to compete.

Presentation Folder – prepare a 3-pronged folder that includes one 8½” x 11” page (one-sided only). These pages could be in collage, journaling, timeline, photo, or any other format that would illustrate your work and knowledge of your project. There will be no points for scrapbooking style.

**Updated January 2021**

**# 481 Everyday Food and Fitness**

- Read and follow all rules pertaining to your project in this document and the Jr Fair book
- Enroll in 4-H by 4/1/2021 Enrollment should be made on oh.4honline.com
- Attend Project Judging July 8
- Make a Jr Fair Entry for your project by 8/1/2021 if you wish to exhibit at the fair

Entries for the fair must be made by class number, not project number. Refer to Jr. Fair Handbook for class entry listings and numbers. Entry should be made on Fairentry.com before August 1.
#481 Everyday Food and Fitness Beginner

**PROJECT REQUIREMENTS**
Complete requirements in project book.

**JUDGING REQUIREMENTS**
Bring a 22x28” *poster or e-poster*, project book, one prepared dish, menu plan for 1 day which includes prepared dish, table setting for meal at which dish is served. Bring recipe.*

**FAIR EXHIBIT**
Poster or club exhibit.

## IMPORTANT DATES
Ask your project or organizational advisor or call the Extension office (330-264-8722) for more information about the following events.

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<td>7/13/2021</td>
<td><strong>Style Revue &amp; State Fair Awards Program</strong> - 7:00 p.m. at Church of the Saviour, Wooster. Family &amp; friends are invited to see 4-H members model their clothing projects. Outstanding Exhibitor Award winners and State Fair representatives in all State Fair eligible FCS &amp; Still project areas will be announced at this event.</td>
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<td>8/10/21</td>
<td><strong>“Last Chance” FCS Project Judging</strong> - 6:00 - 9:00 p.m. at Wayne County Fairgrounds. For members not interested in or unable to participate in the “Early Bird” judging event.</td>
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*Members are encouraged to try all recipes in the project book at least once. After trying all the recipes in the project book, members are encouraged to try variations, even be creative and develop their own variations of recipes in the book. For judging purposes, members may use recipes not printed in the project book. However, to ensure that similar ingredients and preparation techniques are being evaluated, a recipe used as a substitution **MUST** be very similar to a recipe in the project book. For example, in the Star Spangled Foods project, a member may substitute another Snicker doodle recipe for the one in the book, but may not substitute Chocolate Chip or Peanut Butter cookies for the Snicker doodles. Remember, the quality of the food only counts for 10% of the overall evaluation rating. The member’s knowledge of basic nutrition and the information in the project book counts for 75% of the rating. If the recipe used for judging is not printed in the member’s project book, it should be written on a recipe card.

Members complete a poster or e-poster for project for county judging. If a member receives the opportunity to compete at the State Fair, they must prepare a Presentation Folder to compete.

Presentation Folder – prepare a 3-pronged folder that includes one 8½” x 11” page (one-sided only). These pages could be in collage, journaling, timeline, photo, or any other format that would illustrate your work and knowledge of your project. There will be no points for scrapbooking style.

Updated January 2021

#484 Snack Attack!

**Project Checklist**
- Read and follow all rules pertaining to your project in this document and the Jr Fair book
- **Enroll in 4-H by 4/1/2021** Enrollment should be made on oh.4honline.com
- **Attend Project Judging** July 8
- Make a Jr Fair Entry for your project by 8/1/2021 if you wish to exhibit at the fair
  Entries for the fair must be made by class number, not project number. Refer to Jr. Fair Handbook for class entry listings and numbers. Entry should be made on Fairentry.com before August 1.
**PROJECT**

**REQUIREMENTS**

**FAIR EXHIBIT**

| #484 Snack Attack! | Complete requirements on pgs. 4-7 of project book. Make at least one recipe in each activity. | Bring a 22x28” poster or e-poster, project book, one prepared dish, menu plan for 1 day which includes prepared dish, table setting for meal at which dish is served. Bring recipe.* | Poster or club exhibit. |

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**IMPORTANT DATES**

Ask your project or organizational advisor or call the Extension office (330-264-8722) for more information about the following events.

**7/8/2021**

Project Judging - 5 - 9 p.m. at the Wayne County Fair Event Center. To be eligible for State Fair selection, members must participate in this event.

**7/13/2021**

Style Revue & State Fair Awards Program - 7:00 p.m. at Church of the Saviour, Wooster. Family & friends are invited to see 4-H members model their clothing projects. Outstanding Exhibitor Award winners and State Fair representatives in all State Fair eligible FCS & Still project areas will be announced at this event.

**8/10/21**

“Last Chance” FCS Project Judging - 6:00 - 9:00 p.m. at Wayne County Fairgrounds. For members not interested in or unable to participate in the “Early Bird” judging event.

*Members are encouraged to try all recipes in the project book at least once. After trying all the recipes in the project book, members are encouraged to try variations, even be creative and develop their own variations of recipes in the book. For judging purposes, members may use recipes not printed in the project book. However, to ensure that similar ingredients and preparation techniques are being evaluated, a recipe used as a substitution MUST be very similar to a recipe in the project book. For example, in the Star Spangled Foods project, a member may substitute another Snicker doodle recipe for the one in the book, but may not substitute Chocolate Chip or Peanut Butter cookies for the Snicker doodles. Remember, the quality of the food only counts for 10% of the overall evaluation rating. The member’s knowledge of basic nutrition and the information in the project book counts for 75% of the rating. If the recipe used for judging is not printed in the member’s project book, it should be written on a recipe card.

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**Updated January 2021**

**#485 Racing the Clock to Awesome Meals**

**Project Checklist**

- Read and follow all rules pertaining to your project in this document and the Jr Fair book
- Enroll in 4-H by 4/1/2021 Enrollment should be made on oh.4honline.com
- Attend Project Judging July 8
- Make a Jr Fair Entry for your project by 8/1/2021 if you wish to exhibit at the fair
  Entries for the fair must be made by class number, not project number. Refer to Jr. Fair Handbook for class entry listings and numbers. Entry should be made on Fairentry.com before August 1.
**#485**
Racing the Clock to Awesome Meals  
*Intermediate*

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<th>PROJECT</th>
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<th>JUDGING REQUIREMENTS</th>
<th>FAIR EXHIBIT</th>
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<tr>
<td>#485</td>
<td>Complete requirements on pgs. 3-5 of project book.</td>
<td>Bring a 22x28&quot; poster or e-poster, project book, one prepared dish, menu plan for 1 day which includes prepared dish, table setting for meal at which dish is served. Bring recipe.*</td>
<td>Poster or club exhibit.</td>
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Updated January 2021

#486 Dashboard Dinning: A 4-H Guide to Healthful Fast Food Choices

**Project Checklist**

☐ **Read and follow all rules** pertaining to your project in this document and the Jr Fair book
☐ **Enroll in 4-H by 4/1/2021** Enrollment should be made on oh.4honline.com
☐ **Attend Project Judging** July 8

**Make a Jr Fair Entry** for your project by 8/1/2021 if you wish to exhibit at the fair
Entries for the fair must be made by class number, not project number. Refer to Jr. Fair Handbook for class entry listings and numbers. Entry should be made on Fairentry.com before August 1.
#486 Dashboard Dinning: A 4-H Guide to Healthful Fast Food Choices
*Intermediate*

**PROJECT REQUIREMENTS**
Complete requirements on pg. 6 of project book.

**JUDGING REQUIREMENTS**
Bring a 22x28” poster or e-poster, project book, one prepared dish, menu plan for 1 day which includes prepared dish, table setting for meal at which dish is served. Bring recipe.*

**FAIR EXHIBIT**
Poster or club exhibit.

**IMPORTANT DATES**
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Updated January 2021

#487 Take a Break for Breakfast

**Project Checklist**
- ☐ Read and follow all rules pertaining to your project in this document and the Jr Fair book
- ☐ Enroll in 4-H by 4/1/2021 Enrollment should be made on oh.4honline.com
- ☐ Attend Project Judging July 8
- ☐ Make a Jr Fair Entry for your project by 8/1/2021 if you wish to exhibit at the fair Entries for the fair must be made by class number, not project number. Refer to Jr. Fair Handbook for class entry listings and numbers. Entry should be made on Fairentry.com before August 1.
#487 Fast Break for Breakfast
Beginner

**PROJECT REQUIREMENTS**
Complete requirements on page 1 of project book.

**JUDGING REQUIREMENTS**
Bring a 22x28" poster or e-poster, project book, one prepared dish, menu plan for 1 day which includes prepared dish, table setting for meal at which dish is served. Bring recipe.*

**FAIR EXHIBIT**
Poster or club exhibit.

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Updated January 2021

**#490 Science Fun with Dairy Foods: The Case of the Missing Milk**

**Project Checklist**
- **Read and follow all rules** pertaining to your project in this document and the Jr Fair book
- **Enroll in 4-H by 4/1/2021** Enrollment should be made on oh.4honline.com
- **Attend Project Judging** July 8
- **Make a Jr Fair Entry** for your project by 8/1/2021 if you wish to exhibit at the fair. Entries for the fair must be made by class number, not project number. Refer to Jr. Fair Handbook for class entry listings and numbers. Entry should be made on Fairentry.com before August 1.
## PROJECT

| #490 Science Fun with Dairy Foods | Complete requirements on page 4 of project book. Keep a record of your observations. (Include pictures if possible.) | Interview only. Bring project book and other records of your experiments. -Bring a 22x28” poster board or E-Poster showing one phase or something you learned. | Poster or club exhibit. |

### IMPORTANT DATES

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Updated January 2021