

Recipe

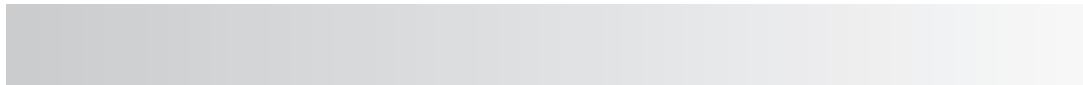
County information



| | |
|---------------|--|
| Prep Time: | |
| Cook Time: | |
| Serving Size: | |

Nutrients Per Serving: Calories _____ ,
 Protein _____ g, Carbohydrate _____ g,
 Dietary Fiber _____ g, Total Fat _____ g,
 Saturated Fat _____ g, Sodium _____ mg

This recipe provided by the Ohio SNAP-Ed Nutrition Education Program



INGREDIENTS

DIRECTIONS

Source:

For other healthy, low-cost recipes, visit CelebrateYourPlate.org and whatscooking.fns.usda.gov

