

# Recipe

County information



Prep Time:	
Cook Time:	
Serving Size:	

<b>Nutrients Per Serving:</b> Calories				
Protein	<b>g,</b>	Carbohydrate	<b>g,</b>	
Dietary Fiber	<b>g,</b>	Total Fat	<b>g,</b>	
Saturated Fat	<b>g,</b>	Sodium	<b>mg</b>	

This recipe provided by the Ohio SNAP-Ed Nutrition Education Program



## INGREDIENTS

## DIRECTIONS

Source:

For other healthy, low-cost recipes, visit [CelebrateYourPlate.org](http://CelebrateYourPlate.org) and [whatscooking.fns.usda.gov](http://whatscooking.fns.usda.gov)

