

# Recipe

County information



Prep Time:	
Cook Time:	
Serving Size:	

**Nutrients Per Serving:** Calories \_\_\_\_\_ ,

Protein	g,	Carbohydrate	g,
Dietary Fiber	g,	Total Fat	g,
Saturated Fat	g,	Sodium	mg

This recipe provided by the Ohio SNAP-Ed Nutrition Education Program



## INGREDIENTS

## DIRECTIONS

Source:

For other healthy, low-cost recipes, visit [CelebrateYourPlate.org](http://CelebrateYourPlate.org) and [whatscooking.fns.usda.gov](http://whatscooking.fns.usda.gov)

